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director **C E L I A S H O R T**

Celia Short, Director; Life in Leadership can be contacted by phone 0401 761 201 or email celia.short@lifeinleadership.com

Celia Short works with executive leaders in large, middle and small businesses. She has worked in Australia and New Zealand with clients from Daimler Chrysler (Australia and NZ), Mercedes Benz, ANZ (Australia and NZ), Australian Unity, MTU Detroit Diesel Australia Pty Ltd., Murray Gouburn Co-op Co Ltd., Hassell, Mid-Central Health and Enable NZ, as well as coaching a number of business leaders and consultants on a private basis.

In addition to extensive practical experience, Celia has graduate degrees in Psychology as well as post-graduate qualifications in Social Work and Philosophy. She has taught a number of courses at university level.

Celia is an experienced coaching professional who is highly skilled in her vocation of developing others through real conversations. Through a structured process of self-discovery and creative exploration, Celia guides leaders (either one-on-one or in a group environment) through a foundation of personal understanding, so they can astutely harness their unique drivers, and develop to fulfil their potentials. She partners with her clients to develop competencies and skills based on self-awareness within a context of self-acceptance. Together, they then focus on practical skills that can be used on a day-to-day basis to maximize personal leadership effectiveness.

With an established background in psychotherapy and practical experience in the business world, Celia is able to operate comfortably within complex situations while bringing profoundly useful insights and applications, enabling participants to think and function 'outside the square'.

While having training in many different models, Celia extends beyond any of them, putting her clients first as unique individuals, integrating their knowledge and creativity into the collaborative coaching process.

During her thirty-year career as coach and transition consultant, Celia has collaborated with a wide variety of clients, facilitating their personal growth and leadership potential through skilled collaborative interactions. Her various roles currently include executive coaching, group process consulting, emotional intelligence assessment and development, and mindfulness-based stress reduction.

Where a client considers it appropriate and where confidentiality issues have been agreed, Celia is happy to give feedback about an individual's coaching progress to HR executives.